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## **Profile**

As a Doctor of Nursing Practice and Advanced Practice Registered Nurse (Clinical Nurse Specialist with prescriptive authority), I am an expert clinician with advanced education and training with skills to work in a variety of healthcare settings. I lead clinical transformation within an organization, implement evidence-based practice, develop robust outcome measures, analyze data, and implement effective performance and quality improvement action plans. As a Doctor of Nursing Practice, I have skills which have prepared me for advanced roles in leadership, clinical expertise, and innovation in problem recognition and resolution.

## **Experience**

### **Ascension Texas Network Stroke Program Manager – November 2021 – date**

- Maintain and evaluate excellence in stroke care throughout Ascension Texas
- Manage quality programs (4 certified programs and support numerous rural partners)
- Subject matter expert and liaison to certification bodies
- Manage and analyze stroke data
- Lead network level educational and process improvement
- Directs work of site stroke coordinators, stroke navigators and outreach

### **Stroke and Brain Injury Program Coordinator, Special Projects, Doctor of Nursing Practice – Baylor Scott and White Institute for Rehabilitation, Lakeway, Texas – January 2017 – November 2021**

- Program management and leadership - reporting to the CEO with indirect reports
- Responsible for indirect staff report and project accountability
- Leader in implementation of Evidence Based Practices throughout the hospital
- Data abstraction and analysis, development of measurable outcomes and quality improvement plans
- Successfully coordinated stroke, non-traumatic brain injury and traumatic brain injury rehabilitation certification and recertification with Joint Commission
- Develop and implement stroke and brain injury clinical education across disciplines
- Chair of Stroke Committee and Brain Injury Committee
- Provide community education and outreach support and education
- Collaborate with the interdisciplinary team

- Clinical Nurse Specialist (CNS) preceptor to University of Texas CNS Practicum Students
- Teach CRRN review class, in addition to teaching stroke and brain injury specific education across the country for Select Medical and Baylor Scott and White Joint Venture
- Content expert on stroke, brain injury and neuroscience education initiatives and professional development strategies
- Special projects - Develop disease specific and patient population specific protocols and processes based on evidence based Clinical Practice Guidelines, improving patient care environments conducive to sleep, care of the patient with Dementia, develop continence programs
- Facilitate new employee orientation for all Baylor Scott and White Institute for Rehabilitation in the Central Texas Region

**Adjunct Clinical Affiliate member of the School of Nursing at The University of Texas at Austin – January 2020 – date**

- Facilitate clinical practicum for Clinical Nurse Specialist Students with University of Texas

**Stroke Program Coordinator, Clinical Nurse Specialist – Baylor Scott and White Medical Center, Lakeway Texas – April 2015 – April 2018**

- Program Management
- Successful program transition to new ownership (Lakeway Regional Medical Center to Baylor Scott and White)
- Successfully coordinated Primary Stroke Center certification with Joint Commission
- Develop and implement Stroke Education for multiple disciplines including nursing, therapists and physicians
- Create and provide Stroke Core Measures/Best Practices documentation and education for RNs and Physicians
- Create stroke Protocols and processes based on evidence based Clinical Practice Guidelines
- Chair of Stroke Committee
- Analysis of stroke data (Core Measures and Best Practices)
- Implementation of ongoing performance and process improvement
- Lead organizational change within the scope of the stroke program

**Stroke Program Coordinator, Clinical Nurse Specialist – St David’s Medical Center, Austin, Texas – August 2012 to May 2014**

- Program Management

- Successfully coordinated Comprehensive Stroke Center Accreditation within 6 months of taking on new role
- Develop and implement Stroke Education – SNAP fellowship students, Student Nurses, Critical Care Graduate Nurses (GN), Neuroscience GNs, Stroke Core Measures
- Chair of Stroke Committee
- Analysis of stroke data (Core Measures and Best Practice data)
- Drive and implement process changes
- Staff counseling for missed care opportunities – RNs, Students and Physicians
- Member of the Quality Committee, Neuroscience Section Meeting, Morbidity and Mortality Work group, Stroke Alert Work Group, Stroke Sub Committee, Partnership Committee, tPA Task Force

**Registered Nurse - Telemetry/Intermediate Care, St David's Medical Center; Austin, Texas - June 2007 – August 2012**

- Work closely with the healthcare team to provide care for critically ill patients
- Act as Charge Nurse in the absence of Nursing Supervisors – responsible for Rapid Responses in IMC and telemetry, staffing, patient care requirements and staff requirements
- Receive patients from other units within the hospital requiring urgent care
- Provide urgent care for patients arriving on the unit from outside facilities
- Ensure patients and family members are provided with appropriate education regarding surgeries, procedures, plan of care and discharge planning
- Float to ICU when necessary
- Orient new members of staff and graduate nurses to both IMC and Telemetry
- Member of Research/Evidence Based Care Committee
- Responsible for creating Unit Council

***Registered Nurse and Clinical Shift Manager Relief – Medical/Surgical/Telemetry, Anaheim Memorial Medical Center, Anaheim, California – June 2005 – June 2007***

***Senior Staff Nurse and Acting Unit Manager, Emergency Room; Muscat Private Hospital, Sultanate of Oman – April 2004 – April 2005***

***Charge Nurse and Acting Unit Manager, Female Surgical Unit; Saad Specialist Hospital, Al-Khobar, Saudi Arabia – February 2003 – April 2004***

***Staff Nurse, Medical/Surgical; Muscat Private Hospital, Oman – February 2001 – April 2003***

***Staff Nurse/Senior Staff Nurse, United Kingdom – October 1997 – February 2001***

## **Education**

- University of Texas Arlington – Doctor of Nursing Practice May 2021
- University of Cincinnati; Master of Science in Nursing - Clinical Nurse Specialist/Advanced Practice Registered Nurse – June 2010 – June 2012
- South Bank University, London, UK – BSN – 2003 – 2006
- Oxford Brooks University, Oxford, UK – Diploma in Nursing – 1994 – 1997

## **Certifications**

- Adult Clinical Nurse Specialist (ACNS-BC) with prescriptive authority since August 2012
- Advanced Neurovascular Practitioner Board Certified (AVNP-BC) since 2019
- Stroke Certified Registered Nurse (SCRN) since 2016
- Certified Rehabilitation Registered Nurse (CRRN) since 2021
- Progressive Care Certified Nurse (PCCN) since 2008
- Certified Medical Surgical Registered Nurse (CMSRN) since 2006
- Basic Life Support
- Advanced Life Support

## **Recognitions**

- Select Way Recipient May 2021
- Caregiver of the Year 2009 – St David’s Medical Center “Best exemplifies St David’s HealthCare commitment to the highest level of quality patient care and customer service”
- ICARE awards 2007 and 2008

## **Professional Membership**

- ANVC (Association of Neurovascular Clinicians) Membership ID 1001498
- AANN (American Associate of Neuroscience Nurses) Membership ID 170828
- 2017 Scope and Standards Task Team – 3rd Edition Neuroscience Nursing Scope and Standards co published with the ANA
- NACNS (National Association of Clinical Nurse Specialists) Member ID 2012012262
- 2018 Abstract Reviewer for NACNS 2019 Annual Conference (A Catalyst for Product Change: the CNS)
- Texas CNS, Member ID 1628731
  - Past President – July 2021 - present
  - President – July 2020 to July 2021

- President Elect- July 2019 - 2020
- Honor Society – Sigma Theta Tau International, Member ID 1020187
- American Nurses Credentialing Center (ANCC), Member ID 757677
- American Nurses Association (ANA), Member ID 757677
- AACN (American Association of Critical Care Nurses) Membership ID 757677
- AANN/ABNN/AMWF Tri-Board Mentorship Program

### **Conference Presentations**

- AANN Stroke Conference – August 2021
- ARN Rehabilitation Conference – November 2021
- Tx CNS Annual Conference – July 2019

### **Publication Contributor**

American Nurses Association and American Association of Neuroscience Nurses (2018). *Neuroscience Nursing: Scope and Standards of Practice*, 3<sup>rd</sup> Edition.