

REHABILITATION NURSES

# MAKE A REAL DIFFERENCE

IN THEIR PATIENTS' LIVES



By the time a patient arrives in the care of a rehabilitation nurse, their life has already been saved. But it's up to the rehab nurse to return that patient to living life as independently as possible.

Rehabilitation nursing offers a gratifying career for nurses who want to use all of their clinical skills, make a visible difference in their patients' lives, and work as part of a collaborative healthcare team.

Rehabilitation nurses work with patients of all ages, and their families or caregivers, soon after the onset of a disabling injury or chronic illness. They restore patients' lives so they have freedom and independence once again.

As a collaborator, educator, care coordinator, advocate, and change agent, rehabilitation nurses work with other healthcare team members, including physiatrists, occupational therapists, physical therapists, neuropsychiatrists, speech therapists, and others, to create comprehensive care plans based on patient goals and maximum potential.

"Saving the life is the first priority—then the rehab nurse moves in and restores the living!"

Leslie McConnell, RN CRRN, ARN member



# REHABILITATION NURSES THRIVE ACRO

### Roles a rehabilitation nurse may play:

- Administrator
- Admissions liaison
- Case manager
- Clinical nurse leader
- Clinical nurse specialist
- Consultant

- Educator
- Nurse manager
- Nurse practitioner
- Researcher
- · Staff nurse

### Settings a rehabilitation nurse may work in:

- Community hospitals
- Free-standing rehabilitation facilities
- · Home health agencies
- Hospitals (inpatient and outpatient rehab units)
- Insurance and HMOs
- · Long-term acute care

- Private practice
- Skilled nursing with rehab
- Subacute facilities
- University/Teaching hospitals
- Department of VA/ Government

### Conditions a rehabilitation nurse may treat:

- ALS
- Amputation
- Brain injury
- Burns
- Cancer
- Cardiovascular
- Cerebral palsy
- Guillain-Barre syndrome

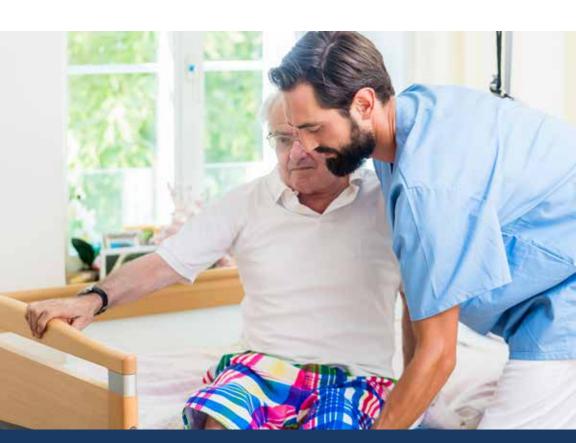
- · Parkinson's disease
- Major joint replacements
- Multiple sclerosis
- Organ transplant
- Pulmonary disease
- Spinal cord injury
- Stroke

## DSS HEALTH CARE IN SO MANY WAYS

# The Right Path

Rehabilitation nursing offers so many opportunities for continual learning and professional growth because patients arrive at a rehabilitation setting with more complex medical conditions than ever before. No two patients are exactly alike—and no 2 days are alike. Rehab nurses use all of their nursing skills to manage complex medical issues and set plans of care for optimal patient function and wellness.

Once you have practiced rehabilitation, you may go on to earn the distinction of the Certified Rehabilitation Registered Nurse (CRRN®) certification to validate your experience. The CRRN is a significant step in your path toward a successful career.



# **ARN Pride-**

Join the thousands of rehabilitation nurses who have come before you.

Become a member of the Association of Rehabilitation Nurses—and make a difference in your patients' lives!



8735 W. Higgins Road, Suite 300 Chicago, IL 60631 Visit the ARN website for more information at rehabnurse.org, or call 800.229.7530 today!