

CURRICULUM VITAE

Patricia (Paddy) Lynn Garvin-Higgins, MN, RN, CRRN, CNS, PHN
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EDUCATION

Walden University, Minneapolis, MN
Doctor of Philosophy Program, Nursing Research
PhD student, September 2014 - August 2015

Loma Linda University School of Nursing, Loma Linda, California
Adult and Aging Family Clinical Nurse Specialist (CNS)
CNS Certification Program, June 1999 – March 2000

University of Phoenix, Southern California Campus, Ontario, California
Master of Nursing, April 1996

University of Phoenix, Southern California Campus, Fountain Valley, California
Bachelor of Science in Nursing, March 1993
Class Representative; Received Outstanding Nursing Student Award for 1993

St. Joseph's College External Degree Program, North Windham, Maine
1983-1986, Bachelor of Science in Professional Arts Program
12 Semester Hours Completed: Educational Psychology, Measurements and Evaluation, Adult Learning: Theory and Practice

Cleveland State University, Cleveland, Ohio
1980-1981, Bachelor of Science in Nursing Program
6 Credit Hours completed: Research Statistics, Child Psychology

Lutheran Medical Center School of Nursing, Cleveland, Ohio
Diploma in Nursing received 1975, Affiliated with Valparaiso University, Indiana

PROFESSIONAL EMPLOYMENT

Registered Nurse since 1975, in health care field since 1968
Extensive experience in management, staff and patient/family education, performance improvement, research, and home care, in the medical-surgical, critical care, pediatric, geriatric and inpatient and outpatient rehabilitation settings, working with age groups from 3-100 +.

Currently working as a private consultant with expertise in rehabilitation nursing, fall prevention, and safe patient handling & mobility with continuing active membership in the Association of Rehabilitation Nurses, National Association of Clinical Nurse Specialists, California Association of Clinical Nurse Specialists, Association of Safe Patient Handling Professionals, & the American Nurses Association.

Long Beach Medical Center, MemorialCare Rehabilitation Institute, Long Beach, California
Rehabilitation Clinical Nurse Specialist, August 2007 – February 2022

Loma Linda University Medical Center, Loma Linda, California

Clinical Nurse Specialist, Rehabilitation, March 1996 – August 2007

Rehabilitation Nurse Clinician, November 1990 - March 1996

Charge Nurse, Adult & Pediatric Rehabilitation Unit 6300, April 1989 – November 1990

Staff Nurse, Adult & Pediatric Rehabilitation Unit 6300, February 1988 – April 1989

Loma Linda University Health Care, Loma Linda, California

Staff Nurse, Per Diem, March 1992 – August 2007

Coordinator, Case Manager for Inpatient Spasticity/Intrathecal Baclofen Pump Program**San Geronio Memorial Hospital**, Banning, California

Acting Director of Nursing, September 1987 – February 1988

Nurse Manager, Medical-Surgical Nursing, Pediatric Nursing, June 1986-February 1988

Parma Community General Hospital, Parma, Ohio

Nurse Manager, Inpatient and Outpatient Oncology Units

Administrative Liaison, Hospice Team, February 1983 - June 1986

Staff Nurse, Combined Adult & Pediatric Intensive Care Unit, 1979-1983

Lutheran Medical Center, Cleveland, Ohio

Relief Charge Nurse, Staff Nurse, Surgical Care Unit, 1975-1979

Nursing Assistant, Unit Secretary, Adult and Pediatric Units, 1972-1975

Kimberly Nursing Services, Parma, Ohio

Staff Nurse, Relief Charge Nurse, Home Care, Registry Services, 1978-1983

Broadview Multi-Care Center (SNF, Residential), Parma, Ohio

Nursing Assistant, 1970-1972

City of Parma, Ohio, Volunteer Services

Volunteer, Summer Camp for Developmentally Delayed Children, 1968-1970

Parmadale Intensive Residential Treatment Center for Children, 1968-1970

PROFESSIONAL ORGANIZATIONS:**Association of Rehabilitation Nurses (ARN)**Local and **National** levels

September 1990 – present

Chapter Board Member, Los Angeles/Orange County Chapter

June 2008-2013, 2015-2021

Chapter President, July 2010- June 2011, June 2016-2017**Chapter Secretary**, June 2012-July 2013

Educational Coordinator for the Inland Counties Chapter

Association of Rehabilitation Nurses (ICCARN, 1993-1995)

Consultant, ICCARN, 1995 - 2000

President-Elect, ICCARN, 1997

President, ICCARN, 1998

Past-President, ICCARN, 1999

Continuing Education Reviewer, ARN, 1998- 2010**Western USA Nominating Committee representative,**

November 2000 – 2002

Contributing member for **Review and Revision of ARN Standards of Care and Scope of Practice,**
August 2006 – February 2008 & January 2014 (Committee Chair)**Advance Practice Nurse of the Year,** awarded at National ARN Conference, Nashville, TN, October
20122**ARN National Conference Planning Committee Member, Co-Chair Posters and Abstracts,** 2011-
2013.**ARN, Board of Directors, Director,** 2013-2016**ARN Rehab Nursing Journal Content Reviewer,** June 2015-present**ARN Rehab Research Committee Member,** January 2015-present**Various ARN Task Force involvement since 1990****California Association of Clinical Nurse Specialists (CACNS)**

San Bernardino County Director, 1998-2007

Facility Liaison, 1999-2022

Board Member, Membership Secretary, 2003 – 2008

President, three times through 2019

Author of Award for NACNS Affiliate of the Year, 2005, 2012

Past Chair, Program Liaison & Web Mistress, July 2008 -February 2017

Communications Director/Membership Secretary – 2017 to present**National Association of Clinical Nurse Specialists (NACNS),**

Nominated for CNS of the Year 2005

Member, 2003-present

National Stroke Association (NSA)

1993 – present

Association of Safe Patient Handling Professionals (ASPHP)

2020-present

American Association of Spinal Cord Injury Nurses (AASCIN)**Member** 1993 – 1995, 2001 – present (**now is the ASCIP**)**Clinical Practice Committee (CPC) Member,** 2001-2007**CPC Chairperson,** 2004-2005, 2005-2006**CPC Past-chair,** 2006-2007**National Spinal Cord Injury Hotline Volunteer Peer Support Network**

National and local contact person, 1995 - present

Advisory Board Company, Washington, DC

National contact person, 1996 – present

International Organization of Multiple Sclerosis Nurses (IOMSN)

Member 2007-2009

American Association of Neuroscience Nurses,

Member 2007-2009

American Nurses Association

Member 2015-present

University of Phoenix Nursing Honor Society, Inducted February 199

PUBLICATIONS

- Garvin-Higgins, P. and Earnest, K. (2019). Traumatic Brain Injury and Spinal Cord Injury. *The Specialty Practice of Rehabilitation Nursing: A Core Curriculum. (8th Ed.)*. Vaughn, S. (Ed.). Chicago, IL: Association of Rehabilitation Nurses.
- Garvin-Higgins, P. (2014). Chapter Author. *AANN Comprehensive Stroke Study Guide. Post-Acute Care*. Chicago, IL: Association of Neuroscience Nurses.
- Garvin-Higgins, P., Hall, D., and Howard, C. (2011). Stroke. *The Specialty Practice of Rehabilitation Nursing: A Core Curriculum. (6th Ed.)*. Mauk, K. (Ed.). Glenview, IL: Association of Rehabilitation Nurses.
- Garvin, P. (2006). “Electronic Health Records – Maintaining Privacy and Accuracy”. Trends and Issues. ADVANCE for Nurses, Southern California. King of Prussia, PA: Merion Publications, Inc. (11/06/2006 publication date)
- Garvin, P. (1996). “Intractable Spasticity: The Efficacy of Intrathecal Baclofen Therapy (ITB™)”. *Circle of Care*, Loma Linda, CA: Loma Linda University Medical Center.
- Garvin, P. (1996). (Contributing editor). *Home Care of the Stroke Patient: A Video Presentation*. Gaithersburg, MD: Aspen Publishers.
- Garvin, P. (1996). (Contributing editor). *Stroke Rehabilitation Patient Education Manual*. Gaithersburg, MD: Aspen Publishers.
- Garvin, P. (1993). “Providing Positive Feedback to the New Employee”. *Trainers’ Tribune*, Loma Linda, CA.
- Garvin, P. (1993, 1994, 1995). *Rehab Nursing CQI Corner Newsletter*. Loma Linda, CA: Loma Linda University Medical Center.
- Garvin, P. (1991). “Therapeutic Communication in the Rehabilitation Setting” Nurse In Action, Loma Linda, CA.

EDUCATIONAL PRESENTATIONS (33+ years of educational presentations)

MedBridge Online Education, instructor for the following courses: Neuroanatomy of the Brain and Spinal Cord, Multiple Sclerosis, & Guillain Barre Syndrome, December 2019- ongoing (see [Neuroanatomy Part 1: The Brain - MedBridge \(medbridgeeducation.com\)](#)).

Basic Concepts of Rehabilitation Nursing, a 3-day course that covers topics such as Neuroanatomy of the Brain and Spine, Spinal Cord Injury, Brain Injury, Stroke, Multiple Sclerosis, Guillain-Barre Syndrome, Care of the Patient with an Amputation, Patient and Family Education, Sexuality, Pediatric and Gerontological Rehabilitation Principles, Rehabilitation Nursing Philosophy, Documentation, and the Rehabilitation Team Process. Rehabilitation Therapy Staff also provided additional classes within this 3-day course to supplement specialty care topics.

Dates of course presentation: From 1990 through present; now offering this on an annual basis, each August. Last taught August 2019 at Long Beach Medical Center, Long Beach, CA.

Los Angeles/Orange County Chapter of Rehabilitation Nurses

In addition to providing lectures related to the CRRN Review Course (see below), have also presented topics related to rehabilitation nursing, most recently, “Neurogenic Bladder and Device Management” (February 2021-virtual) & “Bedside Technology in the Rehabilitation Setting: Are You Ready? Past, Present, & Future” (in-person, September 2017 & April 2018).

Pediatric Rehabilitation

8-hour class presented at Miller Children’s Hospital, Long Beach, CA., 2015.

Stroke Rehabilitation: The Team Approach

Rotating Stroke Rehab Lectures, 1991-present

SCRN Review: Post-Acute Care for the Stroke Patient, 2014-present

Professional Rehabilitation Nursing: A CRRN Review

Four-day course coordinated, presented April 2009, April 2011, April 2013, April 2014.

Spinal Cord Injury Rehabilitation: The Team Approach, 8-hour class presented January 2008; ongoing classes with the Long Beach Medical Center Trauma Team.

Brain Injury Rehabilitation: The Team Approach

8 hour class presented November 2008

Orthopedic/Medical Rehabilitation: The Team Approach

8 hour class presented July 2009;

Caring for the Orthopedic Patient with a Spinal Cord Injury presented at the 11th Annual Orthopedic Nursing Symposium, Hoag Hospital, October 2019.

Gerontological Rehabilitation Principles

1991-2007 at Loma Linda University; this is now taught as part of the Basic Concepts of Rehabilitation Course offered annually.

Have provided multiple inservices on Rehabilitation Nursing topics, 1988-present.

RESEARCH

Morris, E., Higgins, P., & Kalowes, P. (2019). *The Impact of Resiliency and Fatigue as a Predictor of Motor Recovery in the Stroke Population: A Prospective, Correlational Study*. Long Beach: Authors.

Taves, A., Paige, R., Jacobs, A., Kalowes, P., & Higgins, P. (2015). *Effect of a Transitional Level Care Intervention to Reduce Relocation Stress and Anxiety from the Critical Care Setting: A Quasi Experimental Study*. Long Beach: Authors.

Kalowes, P. & Higgins, P. (2013). *Implementation of Family Centered Interdisciplinary Rounds (FCIR): Impact on Parent and Staff Satisfaction*. Long Beach: Authors.

Higgins, P., Kalowes, P. and Shaw, V. (2010). *The Impact of a Shift to Shift Bedside Nursing Report on an Adult Stroke Patient's Memory as measured by FIM™ Scores in an Inpatient Rehabilitation Facility (IRF)*. Long Beach: Authors.

Dunn, K., Garvin, P., Harris, S., Frazier, C., Hunziger, J., and Kliever, E. (2001). *Spinal Nurse: Analysis of content of an SCI nurse advice site*. VA San Diego HS: Authors. (poster presentation at 2001 AASCIN annual meeting in Las Vegas)

Garvin, P. (1996). *The Effects of an Interdisciplinary Curriculum for Skin Care Management on Pressure Sore Prevention Beliefs for the Spinal Cord Injured Person: A Nursing Innovation Project*. Loma Linda: Author. (Master's Thesis)

Brandstater, M., Garvin, P., Kirsch, W. & Knierim, D. (1996). *Investigation of Lioresal Intrathecal (baclofen injection) for the Management of Spasticity of Cerebral Origin: A Multi-Center Research Project*. Loma Linda: Authors.

Brandstater, M., Garvin, P., & Kounang, R. (1992). *Investigation of Lioresal Intrathecal (baclofen injection) for the Management of Spasticity of Spinal Cord Origin: A Multi-Center Research Project*. Loma Linda: Authors.

POSTER PRESENTATIONS

Morris, E. & Higgins, P. (2021, 2022) *The Impact of Resiliency and Fatigue as a Predictor of Motor Recovery in the Stroke Population: A Prospective, Correlational Study*. Presented at Long Beach Memorial Medical Center, Annual Nursing & Medical Research Conferences as well as an educational symposium for Kaiser Permanente Hospitals within California. Accepted for virtual presentation at the ARN 2022 Rehabilitation Annual Conference, San Diego, CA.

Higgins, P. & Kalowes, P. (2014, 2015, 2016). *Structural Empowerment Using Lean Methodology: Development of a CNS Led Multi-System Fall Prevention Model to Reduce Risk and Improve Clinical Outcomes.*

Presented at BREAKTHROUGHS CONFERENCE & EXHIBITION (podium presenter)

June 10-13, 2014, San Antonio, TX (awarded \$10,000 grant)

Presented October 2015, CALNOC Conference, Long Beach, CA.

Presented May 2015, Annual Nursing Research Conference, Long Beach, CA.

Presented October 2016, Annual ARN Educational Conference, Philadelphia, PA.

Higgins, P., Paige, R., & Lovett, L. (2013). *Improving Discharge Medication Safety and the Patient Experience through Interdisciplinary Partnerships.* Presented at CALNOC Conference, Seattle, WA., October 2013.

Higgins, P., Kalowes, P. and Shaw, V. (2010). *The Impact of a Shift to Shift Bedside Nursing Report on an Adult Stroke Patient's Memory as measured by FIM™ Scores in an Inpatient Rehabilitation Facility (IRF).*

Presented at Long Beach Memorial Medical Center, Annual Nursing Research Conference, 2012.

Dunn, K., Garvin, P., Harris, S., Frazier, C., Hunziger, J., & Kliever, E. (2001). *Spinal Nurse: Analysis of content of an SCI nurse advice site.* Presented at 2001 AASCIN annual meeting in Las Vegas, NV.

COMMUNITY ORGANIZATIONS/SERVICE

Loma Linda Free Wheelers Club

A social networking club for spinal cord injured persons and their families, 1993 – 2005

Founding member; Secretary 1993- 2002; Board Chairperson 2002-2005

PossAbilities Club

A social networking club for adults and children with spinal cord injury and other disabilities and those that are committed to their care, Member Chair 2004-2007

Personal Care Attendant Training

In collaboration with United Cerebral Palsy Association

Coordinated and provided 18-hour training to community, February 1996 – 2007

Redlands/Yucaipa Valley Business and Professional Women's Organization 1993- 1999

Received the "Woman of Achievement" Award, October 1993

Redlands Bicycle Classic Committee

Co-Chairperson for coordination of host families in the community of Redlands for annual bicycle classic event which draws cyclists from all over the world, arranged housing for 300-400 riders annually, Feb 1996-Jan 2005;

Corporate Secretary, October 2005 – 2006

Redlands Elks Club

Member, 1995 – 1997

Redlands Chamber of Commerce, Volunteer, Community Events, 1994 – 1996