Sylvia A. (Diaz) Duraski, RN, MS, ANP-BC, CRRN, CBIS, SCRN, FARN

EDUCATION

1985 Bachelor of Science in Nursing Loyola University

6525 N. Sheridan Rd. Chicago, IL., 60626

1990 Masters of Science in Nursing Rush University

1743 W. Harrison St. Chicago, IL. 60612

1998 Adult Nurse Practitioner Rush University

1743 W. Harrison St. Chicago, IL. 60612

LICENSES

Illinois Registered Professional Nurse
License Number 041-231166
Licensed Advanced Practice Nurse
License Number 209-000623

CERTIFICATIONS

2022 to present Stroke Certified Registered Nurse

1989 to present Certified Rehabilitation Registered Nurse

1998 to 2009 Certified Rehabilitation Registered Nurse-Advanced

1999 to present Certified Adult Nurse Practitioner
2004 to 2015 Certified Brain Injury Trainer
2015 to present Certified Brain Injury Specialist

EMPLOYMENT

January 2014 to present Regional Medial Group N

Northwestern Medicine Marianjoy Rehabilitation

Hospital

26W171 Roosevelt Road Wheaton, IL, 60187 Nurse Practitioner Responsible for the

rehabilitation management of acute inpatient and outpatient musculoskeletal, stroke, brain injury and general rehabilitation patients, and the

management and refilling of intrathecal baclofen

pumps.

September 2001 to January

2014

Rehabilitation Institute of

Chicago

345 E. Superior Street Chicago, IL. 60611

Nurse Practitioner Brain Injury Medicine and

Rehabilitation Program

Responsible for the medical management of Rancho Los Amigos (RLA) levels 2-5 inpatient/outpatient

brain injured patients, Sylvia A. Duraski 2

research participation, family education and the

			management and refilling of intrathecal baclofen pumps.
September 2001 to November 2002	Rehabilitation Institute of Chicago 307 W. Grand Avenue Chicago, IL. 60610 755 Skokie Blvd. Northbrook, IL. 60062	Nurse Practitioner DayRehabCenters	Responsible for the medical management of RLA levels 2-5 traumatic brain injured patients, research participation, program development and family education.
May 1999 to September 2001	Rehabilitation Institute of Chicago 7000 S. Adams Street Willowbrook, IL. 60634 307 W. Grand Avenue Chicago, IL. 60610 755 Skokie Blvd. Northbrook, IL. 60062	Nurse Practitioner DayRehabCenters	Responsible for the medical management of day rehabilitation patients, research participation, program development and family education.
October 1996 to May 1999	Rehabilitation Institute of Chicago 7000 S. Adams Street Willowbrook, IL. 60634 307 W. Grand Avenue Chicago, IL. 60611 755 Skokie Blvd. Northbrook, IL. 60062	Clinical Nurse Specialist DayRehabCenters	Responsible for the development of staff competency training, policy and procedure integration, development of in-service training, patient/family education, health promotion program development and assuring compliance with regulatory medical standards.
September 1990 to October 1996	Rehabilitation Institute of Chicago 345 E. Superior Street Chicago, IL. 60611	Clinical Nurse Specialist Center For Stroke Rehabilitation & General Rehabilitation Program	Responsible for program quality improvement monitoring, scheduling interdisciplinary team inservices, precepting graduate level nursing students, providing problem oriented nursing in-services, supervising nursing discharge planning activities, providing education to health professionals in the community, and patient/family education.

Basic Life Support Certified

Intrathecal Baclofen Pump Management

Article reviewer, Rehabilitation Nursing 2015-2018

Article reviewer, Journal of Rehabilitation Research and Development

Article reviewer, Topics in Stroke Rehabilitation

Content reviewer, The Specialty of Rehabilitation Nurses: A Core Curriculum 5th edition Content reviewer, 2018 Advanced Practice in Rehabilitation Nursing Position statement

Content reviewer, TBI CRRN slides 2018 RNCB-CRRN Role Delineation Study 2021

Content reviewer, ARN Introduction to Rehabilitation Nursing Video Series 2024

APPOINTMENTS

2006-2015	Instructor, Department of Physical Medicine and Rehabilitation
	Feinberg School of Medicine, Northwestern University
2015 to 2020	Adjunct faculty, Department of Physical Medicine and Rehabilitation
	Feinberg School of Medicine, Northwestern University
2020 to 2021	Clinical Instructor, Department of Physical Medicine and Rehabilitation
	Feinberg School of Medicine, Northwestern University
2021 to 2024	Health System Clinician, Physical Medicine and Rehabilitation
	Feinberg School of Medicine, Northwestern University
2024 to present	Clinical Assistant Professor, Physical Medicine and Rehabilitation
_	Feinberg School of Medicine, Northwestern University

PUBLICATIONS

Diaz, S. (1995). Falls in stroke rehabilitation: A review of the literature. Topics in Stroke Rehabilitation, 3(1).

Diaz, S. & Kirk, P. (Eds.). (1996) Stroke: Educational Guide for Patient and Families. Chicago: Rehabilitation Institute of Chicago

Diaz, S. (1996). Spinal cord injury: Educational guide for patient and families. Chicago: Rehabilitation Institute of Chicago

Roth, E.J., Heinemann, A.W., Lovell, L.L., Harvey, Richard, L., McGuire, J. R., Diaz, S. (1998). Impairment and Disability: Their relation during stroke rehabilitation. Archives of Physical Medicine and Rehabilitation, 79(3), 329-335.

Harvey, R.L., Roth, E.J., Heinemann, A.W., Lovell, L. L., McGuire, J.R., Diaz, S. (1998). Stroke rehabilitation: Clinical predictors of resource utilization. Archives of Physical Medicine and Rehabilitation, 79(11), 1349-1355.

Diaz, S. (1999). In A. Lapinski & J. Osborn-Remer (Eds.). Brain injury: Educational guide for patient and families. Chicago: Rehabilitation Institute of Chicago

Roth, E.J., Lovell, L., Harvey, R.L., Heinemann, A.W., Semik, P. & Diaz, S. (2001). Incidence of and risk factors for medical complications during stroke. Stroke, 32(2), 523-529.

Duraski, S. (2003). Meeting the needs of the community. Topics in Stroke Rehabilitation, 9(4), 46-56

Duraski, S. (2006). Stroke prevention education in the Hispanic community, Rehabilitation Nursing, 31(1), 5-9.

Duraski, S. (2007). Do Hispanic children really need to know about stroke?, Topics in Stroke Rehabilitation, 14(1), 65-71.

Duraski, S., Denby F. & Clemens, J. Q. (2009). Bowel and bladder management. In J. Stein, R. Zorowitz, R. Harvey, R. Macko, C. Winstein (Eds). Stroke Recovery and Rehabilitation, Demos Medical Publishing.

Zollman, F.S., Cyborski, C. & Duraski, S.A. (2009). Actigraphy for assessment of sleep in traumatic brain injury: Case series, review of the literature and proposed criteria for use. Brain Injury, 25(5), 748-754.

Marciniak, C.M., Harvey, R.L., Gagnon, C. M., Duraski, S. A., Denby, F. A., McCarty, S., Bravi, L. A., Polo, K. M. & Fierstein, K.M. (2012). Does botulinum toxin type A decrease pain and lessen disability in hemiplegic survivors of stroke with shoulder pain and spasticity? A randomized, double blind, placebo-controlled trial. American Journal of Physical Medicine and Rehabilitation, 91: 1007-1019.

Duraski, S., Denby F., Danzy, L. & Sullivan, S. (2012). Stroke. In K. Mauk (Ed.). Rehabilitation Nursing. Jones & Bartlett Learning.

Duraski, S.A., Lovell, L. & Roth, E.J. (2014). Nutritional intake, body mass index and activity in post-acute traumatic brain injury: A preliminary study. Rehabilitation Nursing. 39(3), 140-146.

Duraski, S.A. (2015). The Importance of Monitoring Patients' Responses to Medications: Increased Arousal after Administration of Zolpidem in Those with Hypoxic Ischemic Encephalopathy—A Case Study. Rehabilitation Nursing, DOI: 10.1002/rnj.232

Duraski, S.A. & Sayyad, A. (2018). An unreported cause of intrathecal baclofen withdrawal symptoms in a woman with spastic cerebral palsy who received intrathecal gablofen. Journal of Neuroscience Nursing, 50(2), DOI: 10.1097/JNN.000000000000355

Duraski, S.A. (2023). Intrathecal baclofen therapy and the role of the rehabilitation nurse. Rehabilitation Nursing, 48(4), 137-139.

PRESENTATIONS

Diaz, S. (1990). Pain Medication. (Faculty). Orthopaedic Problems: Care and Rehabilitation, Chicago, IL.

Diaz, S. (1990). Rehabilitation of Physically Disabled Persons. (Faculty). Chicago, IL.

Diaz, S. (1992). Functional assessment measure designed for the patient. (Paper presentation), Association of Rehabilitation Nurses Annual Conference

Craig, H., Diaz, S., Smart, K. & Vesely, K. (1992). Rehabilitation clinical specialists: Confronting the future. (Paper Presentation), American Congress of Rehabilitation Medicine Annual Conference.

Diaz, S. & Blas, J. (1992). Rehabilitation Nursing Management of Stroke: Rehabilitation Forum 92. (Faculty) St. Joseph's Hospital and Health Centers. Peterborough, Ontario, Canada.

Mytych, A. & Diaz, S. (1993). A quality improvement approach to the prevention of falls. (Paper presentation), Association of Rehabilitation Nurses Annual Conference. Denver, CO.

Diaz, S. (1993). Application of Rehabilitation Concepts to Nursing Practice. (Invited Faculty). Rehabilitation Nursing Foundation, Denver, CO.

Diaz, S. (1993). Incontinence Management: Application of AHCPR Guidelines. (Faculty). Annual Stroke Conference '93 Practical Applications in Rehabilitation Nursing Management, Chicago, IL.

Diaz, S. (1993). Impaired Communication. (Faculty). Rehabilitation Nursing Practice: Principles, Concepts and Interventions. A Review for the CRRN Examination, Chicago, IL.

Diaz, S. & Roth, E. (1993). Setting Up Clinical Program Quality Assessment and Improvement Activities. (Faculty). A Collaborative Approach: Linking Quality Improvement Program Evaluation and Utilization Review in Rehabilitation, Chicago, IL.

Diaz, S. (1993 & 1994). A Comprehensive Rehabilitation Nursing Course: Rehabilitation of Physically Disabled Persons. (Faculty). Chicago, IL.

Diaz, S. (1994). Application of Rehabilitation Concepts to Nursing Practice. (Invited Faculty). Rehabilitation Nursing Foundation. Orlando, FL.

Diaz, S. (1994). The Bermuda Stroke and Family Support Association. (Invited Speaker). King Edward VII Memorial Hospital. Bermuda.

Diaz, S. (1994). Anatomy and Physiology of GI and GU Systems. (Invited Speaker). Northern Illinois Association of Rehabilitation Nurses. Oakbrook, IL.

Diaz, S. (1994). Challenges, Practice and Implementation: Areas of Practice: Stroke. (Faculty). Rehabilitation Nursing Practice: Planning and Implementing Care. Chicago, IL.

Diaz, S. (1994). Rehabilitation Nursing Practice: Principles, Concepts and Interventions (A Review for the CRRN Exam). (Faculty), Geisinger Wyoming Velley Medical Center. Wilkes Barre, PA.

Diaz, S. (1994). The Nurses' Role in Patient/Family Education. (Faculty). Annual Stroke Seminar 1994: New Approaches to Care and Community Reintegration. Chicago, IL.

Diaz, S. (1994). Practical Approaches to Regaining Continence. (Faculty). Stroke Rehabilitation 94: Practical Approaches in Rehabilitation Nursing Management. Chicago, IL.

Diaz, S. (1994). A Comprehensive Rehabilitation Nursing Course: Rehabilitation of Physically Disabled Persons. (Faculty). Chicago, IL.

Diaz, S. (1994). Perceptual Patterns after Stroke. (Invited Speaker). Visiting Nurses Association of Fox Valley. Aurora, IL.

Karl, D. & Diaz, S. (1996). The other end of the stethoscope: Rehab RN becomes rehab patient. (Paper presentation). Association of Rehabilitation Nurses Annual Conference.

Diaz, S. (1996-2004). Impaired Communication. (Faculty). Rehabilitation Nursing Practice: Principles, Concepts and Interventions (A Review for the CRRN Exam). Chicago, IL.

Diaz, S. (1996-2004). Perceptual Patterns. (Faculty). Rehabilitation Nursing Practice: Principles, Concepts and Interventions (A Review for the CRRN Exam). Chicago, IL.

- Diaz, S., Roth, E.J., Harvey, R.L., McGuire, J.R., Heinemann, A.W., Lovell, L.L., Semik, P. & Ingberman, D. (1996). Bowel and bladder continence as predictors of stroke rehabilitation outcomes (Poster). American Academy of Physical Medicine and Rehabilitation Annual Conference. Chicago, IL.
- McGuire, J.R., Roth, E.J. Harvey, R.L., Heinemann, A.W., Lovell, L.L., Suh, W.W., Diaz, S., Semik, P. & Ingberman, D. (1996) Reduced disability without reduced impairment in stroke: Apparent evidence for the effect of rehabilitation. (Paper Presentation). American Academy of Physical Medicine and Rehabilitation Annual Conference. Chicago, IL.
- Roth, E.J., Harvey, R.L., McGuire, J.R., Heinemann, A.W., Lovell, L.L., Suh, W.W., Diaz, S., Semik, P. & Ingberman, D. (1996). Relationships between impairment and disability in stroke rehabilitation. (Paper Presentation). American Academy of Physical Medicine and Rehabilitation Annual Conference. Chicago, IL.
- Harvey, R.L., McGuire, J.R., Heinemann, A.W., Lovell, L.L., Suh, W.W., Diaz, S., Semik, P., Ingberman, D. & Roth, E.J. (1996). Stroke rehabilitation: Clinical predictors of resource utilization. (Paper Presentation). American Academy of Physical Medicine and Rehabilitation Annual Conference. Chicago, IL.
- Heinemann, A.W., McGuire, J.R., Harvey, R.L., Lovell, L.L., Suh, W.W., Diaz, S., Semik, P., Ingberman, D. & Roth, E.J. (1996). The relative importance of medical comorbidities in predicting stroke rehabilitation (Paper Presentation). American Academy of Physical Medicine and Rehabilitation Annual Conference. Chicago, IL.
- Diaz, S. (1996). Working with Specific Sexuality Issues: Stroke. (Faculty). Physical Disability and Sexuality: Educating Persons with Disabilities. Chicago, IL.
- Diaz, S. (1997). Nursing Practice, Implementation, Evaluation: Stroke. (Faculty). Developing Clinical Expertise in Rehabilitation Nursing Care. Chicago, IL.
- Diaz, S. & Boyanovsky, S. (1996). Managing Falls in the Hospital and Home Setting (Faculty). 4th Annual Stroke Conference '96: Mechanisms, Measurements and Management. Chicago, IL.
- Diaz, S. (1997). Special Medical Problems and Management: Incontinence. (Faculty). Advances in Geriatric Rehabilitation: Independence in Later Life. Chicago, IL.
- Diaz, S. (1998). What the Social Worker Should Know About Rehabilitation Nursing (Faculty). Annual Social Work Course Chronic Illness and Disability: The Social Worker in a Changing Rehabilitation Environment. Chicago, IL
- Diaz, S. (1998). Rehabilitation Nursing Practice: Principles, Concepts and Interventions (A Review for the CRRN Exam), (Faculty). St. Charles Hospital and Rehabilitation Center. Port Jefferson, NY.
- Diaz, S. (1998). Stroke Rehabilitation Conference. (Faculty). Kuakini Medical Center. Honolulu, HI.
- Diaz, S. (1998). Critical Issues in Stroke Management: Especially for COTAs. (Faculty). Chicago, IL.
- Diaz, S. (1998). Roundtable Breakfast Session: Nursing. (Faculty). Creative Ways to Meet the Needs of Persons with Stroke in Today's Healthcare Arena. Chicago, IL.

Diaz, S. (1999). The Nursing Role in Post-Acute Rehabilitation. (Faculty). Annual Multidisciplinary Stroke Course Stroke Rehabilitation Across the Life Span. Chicago, IL.

Duraski, S.A. (2000). Continuum of Post-Stroke Rehabilitation (Invited Speaker). Stroke Care: A Nursing Perspective. National Stroke Association

Duraski, S. (2000). Safety in Numbers: A Team Approach to Prevent Patients Falls in Rehabilitation, (Webinar speaker). Chicago, IL.

Duraski, S. (2001). Preventing Falls in Therapy, Home and the Community (Faculty). Rehabilitation Institute of Chicago Annual Multidisciplinary Stroke Course: Promoting Patient Progress Through Knowledge, Innovation and Technology. Chicago, IL.

Duraski, S. (2001). A Declaration of Education: Primary Stroke Prevention for Hispanics. (ARN Presentation). Philadelphia, PA.

Duraski, S. (2002). Interdisciplinary Rehabilitation Management of Stroke (Faculty). Sioux Falls, ND

Duraski, S. (2002). Interdisciplinary Rehabilitation Management of Traumatic Brain Injury (Faculty). Tampa, FL.

Duraski, S. (2003). Sexuality Following a Head Injury. (Speaker). Heads Up: Rehabilitation Institute of Chicago Head Injury Support Group. Chicago, IL.

Duraski, S. & Kaufman, L. (2003). Rehabilitation Nursing Needs of the Stroke Patient. (Invited speaker) University of Chicago Grand Rounds. Chicago, IL.

Anderson, V.L., Ahmed, G., Duraski, S.A. & Senno, R.G. (2004). Alternative treatment in the management of combined hyperadrenergia and spasticity in the adult with a severe traumatic brain injury: A case report. (Poster). Association of Academic Physiatrists annual conference. Las Vegas, NV.

Ahmed, G. & Duraski, S. (2004). Neurotransmitters and Pharmacology in Traumatic Brain Injury, (Speaker). Chicago, IL.

Duraski, S. (2004). Sexuality after Brain Injury: The Forgotten Activity of Daily Living. (Speaker). Chicago, IL.

Duraski, S. (2004). Stroke Syndromes. (Speaker). Chicago, IL.

Duraski, S. (2004). Taking a Fall History. (Speaker). Chicago, IL.

Senno, R. G. & Duraski, S. (2004). Recovery Continues: The Rehabilitation Continuum, (Speaker). Chicago, IL.

Duraski, S. (2004). Interdisciplinary Approach to Stroke Rehabilitation (Faculty). The Rehabilitation Institute of Tennessee Christian Medical Center. Madison, TN.

Duraski, S. (2004). Traumatic Brain Injury Rehabilitation (Invited Speaker). Trauma Grand Rounds, St. James Hospitals and Health Centers, Olympia Fields, IL.

Senno, R.G., Marciniak, C., Olsson, A.B, Esposito, N.E. & Duraski, S.A. (2004). Botulinum Toxin A in the Treatment of Temporomandibular Joint Dislocation in an Adult with Anoxic Brain Injury: A Case Report (Poster). American Academy of Physical Medicine and Rehabilitation Medicine annual conference

Senno, R.G., Duraski, S.A. & Sisson, G. (2009). The Use of Open Phenol Blocks in the Treatment of Lower Extremity Spasticity in an Adult with Severe Traumatic Brain Injury: A Case Report. (Poster). American Academy of Physical Medicine and Rehabilitation Medicine annual conference

Duraski, S (2004). Sexuality after Brain Injury (Invited Speaker) 16th Annual Wisconsin Conference on Brain Injury. Brain Injury Association of Wisconsin Inc., Wisconsin Dells, WI.

Duraski, S. (2005). Addressing Cultural Differences in Stroke Education. (Speaker). Chicago, IL.

Duraski, S. (2005). Rehabilitation Nursing Practice: Principles, Concepts and Interventions. (Speaker). Monroe, LA.

Duraski, S. (2005). Interdisciplinary Rehabilitation Management in Brain Injury. (Faculty). Shreveport, LA.

Duraski, S. (2005). Interdisciplinary Management of Stroke. (Faculty). Detroit, MI.

Duraski, S. & Shah, M.T. (2005). Stroke Rehabilitation to the Underserved Community. (Faculty). The State of Stroke Rehabilitation: Today and Beyond, Chicago, IL.

Ahmed, G., Duraski, S.A. & Mukai, A. (2005). Ulnar Nerve Neuropathy After Serial Casting in a Brain Injured Patient with Congenital Ulnar Nerve Transposition. (Poster). Association of Academic Physiatrists.

Duraski, S. (2006). Bowel and Bladder Training for Stroke Patients (Invited Speaker). Providing the Best Stroke Care for Our Community, Northern Illinois Association of Rehabilitation Nurses, Willowbrook, IL.

Duraski, S. (2006). A Pregnant Pause: Addressing the Needs of the Pregnant Traumatic Brain Injured Client. (Paper Presentation), Association of Rehabilitation Nurses Annual Conference. Chicago, IL.

Duraski, S. (2006). Interdisciplinary Rehabilitation Stroke Management. (Faculty). WI.

Duraski, S. (2006). Brain Injury Course (Faculty). Shreveport, LA.

Duraski, S. (2006). Interdisciplinary Rehabilitation Brain Injury Management. (Faculty). Battlecreek, MI.

Duraski, S. (2006). Interdisciplinary Rehabilitation Brain Injury Course (Faculty). McAllen TX.

DeMott, T., Fischer, M. & Duraski, S. (2006). Behavior Management and Safety Management. (Speaker). Chicago, IL.

DeMott, T., Fischer, M. & Duraski, S. (2006). Evaluation of the Level Patient. (Presenter). Chicago, IL.

Duraski, S. & Kerr, K. (2006). To Restrain or Not to Restrain. (Speaker). Chicago, IL.

Ahmed G. & Duraski, S. A. (2005). The Need for Treatment of Asymptomatic Clostridium Difficile in a Traumatic Brain Injury Population: A Case Series. (Poster). Association of Academic Physiatrists Annual Conference, Phoenix AZ

Duraski, S. (2007). Interdisciplinary Rehabilitation Brain Injury Course. (Faculty). Covington, LA.

Duraski, S. (2007). Interdisciplinary Rehabilitation Stroke Management. (Faculty). Reading, PA.

Duraski, S. (2007). Sexuality after Chronic Illness: A Forgotten Aspect of Recovery, Medical Surgical Conference. (Keynote Speaker). St. Joseph Regional Medical Center. Mishawaka, IN.

Duraski, S. (2007). Interdisciplinary Rehabilitation Management in Brain Injury. (Faculty). Veteran's Administration. Hinsdale, IL.

Canham, K & Duraski, S. (2007). Sexuality after Brain Injury (Faculty). Annual Interdisciplinary Brain Injury Course: Management of Traumatic Brain Injury. Chicago, IL.

Duraski, S. (2007). Sleep Disturbances After Traumatic Brain Injury. (Speaker). Chicago, IL.

Duraski, S. (2007). Spasticity Management After Brain Injury. (Speaker). Chicago, IL.

Duraski, S. (2008). Interdisciplinary Rehabilitation Stroke Management. (Faculty). Covington, LA.

Duraski, S. (2008). Interdisciplinary Rehabilitation Stroke Management. (Faculty). Green Bay, WI.

Duraski, S. (2008). Interdisciplinary Management of Stroke. (Faculty). Southern Illinois Healthcare Memorial Hospital, Carbondale, IL.

Duraski, S. (2008). Meeting the Challenge: Behavioral Management for Patients with Brain Injury. (Speaker). Alexian Brothers Medical Center. Elk Grove Village, IL.

Duraski, S. A. & Pearson, K. (2008). Rehabilitation and Nutrition: Maintaining a Balance. (Faculty). Advances in the Management of Traumatic Brain Injury, Chicago. Il.

Duraski, S. (2008-2012). Creating a Plan of Care for a Patient with a Traumatic Brain Injury. (Faculty). Rehabilitation Nursing Practice: Principles, Concepts and Interventions. A review for the CRRN. Chicago, IL.

Marciniak, C.M., Bravi, L.A., Denby, F.A., Duraski, S.A., Fogarty, K.M, Gagnon, C.M. & Harvey R.L. (2009). Does botulinum toxin type A decrease pain and lessen disability in hemiplegic survivors of stroke with shoulder pain and spasticity? A randomized, double-blind, placebocontrolled trial. (Poster). American Academy of Physical Medicine and Rehabilitation. Austin, TX

Duraski, S. (2009). Sexuality After Brain Injury. (Invited Speaker). 2009 Annual Educational Conference. The Brain Injury Association of Illinois. Oakbrook, IL.

Duraski, S. (2009). Interdisciplinary Rehabilitation Management of Traumatic Brain Injury. (Faculty). Colorado Springs, CO.

Duraski, S. (2009). Introduction to Rehabilitation Nursing. (Invited Speaker). Tokyo Metropolitan Rehabilitation Hospital. Tokyo, Japan.

Duraski, S. (2009). Interdisciplinary Rehabilitation Management of Stroke. (Faculty). Dyer, IN.

Duraski, S. (2009). Interdisciplinary Rehabilitation Management of Brain Injury Stroke. (Faculty). Dyer, IN.

Duraski, S. (2010). Interdisciplinary Rehabilitation Stroke Management. (Faculty). St. Joseph Healthcare System. Byram, TX.

Duraski, S. (2010). Interdisciplinary Rehabilitation Stroke Management. (Faculty). Silver Cross Hospital. Joliet, IL.

Duraski, S. (2010). Interdisciplinary Management of Behavior Following Acquired Brain Injury. (Faculty). Southern Illinois Healthcare Memorial Hospital. Carbondale, IL.

Duraski, S. (2010). Bowel and Bladder Management after Brain Injury (Speaker). Chicago, IL.

Duraski, S. (2010) Interdisciplinary Management of Behavior Following Acquired Brain Injury. (Faculty). Blessing Hospital. Quincy, IL.

Bines, A. & Duraski, S. (2010). Bridging the Gap Between Acute Care and Transition to Acute Inpatient Rehabilitation. (Faculty). Annual Brain Injury Course: Interdisciplinary Approach to the Management of the Patient with Brain Injury, Chicago, IL.

Sunjay, S, Dudas-Sheehan, D, Duraski, S.A., Marciniak, C.M. & Rowles, D. (2012). Long-term safety, efficacy, and satisfaction of intrathecal baclofen pumps. (Poster). American Academy of Physical Medicine and Rehabilitation. Atlanta, GA.

Duraski, S. (2012). Interdisciplinary Rehabilitation Stroke Management. (Faculty). Jackson, TN.

Duraski, S. (2012). Interdisciplinary Approach to Brain Injury. (Faculty). Lynchburg, VA

Duraski, S. (2012). Interdisciplinary Approach to Brain Injury. (Faculty). Michigan City, IN.

Duraski, S.A. (2013). Sexuality After Chronic Illness and Injury (Invited Speaker). Urology Nursing 2013. Urology Nursing Society, Chicago, IL.

Duraski, S. (2013). Long Term Complications with Brain Injury. (Speaker). Community Care Alliance, Chicago, IL.

Duraski, S. & Kozub, K (2013). Behavior Management and Environment of Care. (Speaker). Illinois Masonic Hospital, Chicago, IL.

Duraski, S. (2013). Interdisciplinary Rehabilitation Management of Stroke. (Faculty). Colorado Springs, CO.

Duraski, S. (2013). Interdisciplinary Rehabilitation Stroke Management. (Faculty). Taylor, MI.

Interdisciplinary Rehabilitation Management in Traumatic Brain Injury. (Faculty). ProMedica St. Luke's Hospital, Maumee, OH.

Duraski, S. (2014-2017). Traumatic Brain Injury. (Invited Speaker). Northwestern University School of Physical Therapy, Chicago, IL.

Duraski, S. (2015). Building a Foundation to Grow Intimacy After Traumatic Brain Injury and Stroke. (Invited Presenter). Caregiver Boot Camp. Synapse House. Oakbrook, IL.

Duraski, S. (2016). Bowel and bladder management, CRRN review course. (Invited Speaker), Marianjoy Rehabilitation Hospital, Wheaton, IL.

Duraski, S. (2016). Traumatic Brain Injury Boot Camp: Complications, Medications and Pathophysiology. (Invited Speaker), Marianjoy Brain Injury Unit, Wheaton, IL.

Pietrantoni, M., Dietzen, A., Sayyad, A., Gould, G., Duraski, S., Jafry, O., Brady, S. (2018). Dysphagia Treatment Outcomes for Patients with a Brain Tumor Participation in Inpatient Rehabilitation. (Poster). American Speech Language Hearing Annual Conference, Boston, MA.

Duraski, S. (2020-2021) Sexual Dysfunction in Disability and Chronic Illness. (Invited Speaker) Marianjoy Rehabilitation Hospital Residency Program. Wheaton, IL.

Duraski, S. (2020) Spasticity Management. (Invited Presenter). Marianjoy Rehabilitation Hospital case management department. Wheaton, IL.

Duraski, S. (2020-2024) Chronic Wounds. (Invited Presenter). Marianjoy Rehabilitation Hospital residency program, Wheaton, IL.

Duraski, S (2021). Foundations Module 5.4: Traumatic Brain Injury (TBI) Rehabilitation. (Faculty). Association of Rehabilitation Nurses

Duraski, S. (2023). Intrathecal Baclofen Pump Therapy: What You Need to Know (Speaker) Northwestern Medicine 11th Annual Advanced Practice Provider Conference. Chicago, IL.

Duraski, S. (2024). Intrathecal Baclofen Pump Therapy: What You Need to Know (Speaker) Association of Rehabilitation Nurses Webinar Series.

AWARDS

1989	Prince Nurse Scholarship
1990, 1995	Rehabilitation Institute of Chicago Service Award
1995	Founder's Medal at the Rehabilitation Institute of Chicago
1993	Who's Who in American Nursing
1998	Association of Rehabilitation Nurses Advanced Practice Nurse Award
2003	Rehabilitation Institute of Chicago Brown Fellowship
2006	Rehabilitation Institute of Chicago Sarah Baskin Award for Excellence in Research
2016	Spirit Award, Marianjoy Rehabilitation Hospital
2017	Association of Rehabilitation Nurses Clinical Article Writer's Award
2024	Fellow of the Association or Rehabilitation Nurses

LEADERSHIP ROLES

1996 Co-chair, Rehabilitation Institute of Chicago 4th Annual Stroke Conference 96: Mechanisms,

Measurements and Management

1998	Co-chair, Rehabilitation Institute of Chicago Annual Stroke Conference: Creative Ways to Meet the Needs of Persons with Stroke in Today's Healthcare Arena
1998	Preceptor, Northern Illinois University graduate student
1999	Co-chair, Rehabilitation Institute of Chicago Annual Multidisciplinary Stroke Course: Stroke Rehabilitation Across the Life Span.
2003	Creator, Products and Practice Inservice Series
2014	Preceptor, Walden University Nurse Practitioner students
2021	Elected member, Northwestern Medicine Advanced Practice Provider Executive Council
2023	Elected member, Board of Directors, Association of Rehabilitation Nurses
2022	Member, West Region, Advanced Practice Provider Committee
2023	Preceptor, University of Illinois Family Nurse Practitioner DNP student
2024	Chair, Communication and Outreach subcommittee, West/South Regions Advanced Practice Providers
2024	Board Liaison, New Product Development subcommittee, Association of Rehabilitation Nurses
2024	Preceptor, Chamberlain University Clinical Nurse Specialist student

RESEARCH

Co-investigator, "An Evaluation of the Efficacy of Caregiver Education"

Clinical Coordinator, "A Randomized, Double-Blind, Placebo-Controlled, Clinical Trial to Evaluate the Safety, Efficacy and Dosing of BOTOX Purified Neurotoxin Complex for the Treatment Of Lower Limb Spasticity in Post Stroke Patients

Co-investigator, "Spasticity, Treatment and Management Project"

Clinical Coordinator, "A Randomized, Double-Blind, Placebo-Controlled, Clinical Trial to Evaluate the Safety, Efficacy and Dosing of BOTOX Purified Neurotoxin Complex for the Treatment Of Upper Limb Spasticity in Post Stroke Patients

Principle Investigator, "Primary and Secondary Prevention of Stroke In Spanish Speaking People"

Principle Investigator, "Fall Prevention in Brain Injury Patients"

Clinical Coordinator, "A Randomized, Double Blind Placebo Controlled Trial of Botulinum Toxin Type A (BOTOX) in the Treatment of Hemiplegic Shoulder Pain and Spasticity"

Clinical Coordinator, "A Multicenter, Open-Label Study of the Safety of Repeated Doses of Botox (Botulinum Toxin Type A) Purified Neurotoxin Complex, for the Treatment of Focal Upper Limb Poststroke Spasticity"

Principle Investigator, "Stroke Prevention for Young Adults and Adolescents in Spanish Speaking Communities"

Principle Investigator, "Nutrition and Wellness after Brain Injury"

Study nurse practitioner, "Augmenting Language Therapy for Aphasia: A Randomized Double-Blind Placebo-Controlled Trial of Levodopa in Combination with Speech-Language Therapy"

Clinical Coordinator, "Prospective, double-blind, placebo-controlled, randomized, multi-center study with an open-label extension period to investigate the efficacy and safety of NT 201 in the treatment of post-stroke spasticity of the upper limb"

PROGRAM DEVELOPMENT

1995-1997	Development of stroke screening fairs during Stroke Awareness Month
1995	Development of Center for Rehabilitation Institute of Chicago Stroke Rehabilitation education manual
1996	Development of role of nursing in day rehabilitation programs.
2007-2012	Development of nursing role in Rehabilitation Institute of Chicago Brain Injury Medicine and Rehabilitation Family Education Series
2016	Assisted with development of C STEP (Comprehensive short term evaluation program) I for disorders of consciousness now still in operation under the name of AMiCouS (Assessment of Minimally Conscious State).
2016	Assisted with development of C STEP (Comprehensive short term evaluation program) III outpatient program for disorders of consciousness.

VOLUNTEER WORK

1992	Rehabilitation Institute of Chicago Anything on Wheels
1997	Rehabilitation Institute of Chicago Rehab Challenge '97
2007	Rehabilitation Institute of Chicago Skyrise Chicago
2008	Rehabilitation Institute of Chicago Skyrise Chicago
2013	Feed My Starving Children
2020	Church of the Holy Spirit Family Fair
2021	Northern Illinois Association of Rehabilitation Nurses Project C.U.R.E.
2021	Church of the Holy Spirit Family Fair
2022	Northern Illinois Association of Rehabilitation Nurses Project C.U.R.E.
2022	Marianjoy Rehabilitation Hospital Trunk or Treat

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2023	Marianjoy Rehabilitation Hospital Go Baby Go
2025	Northern Illinois Association of Rehabilitation Nurses Project C.U.R.E.